Dear Families,

Welcome Back. I hope everyone had a relaxing and restful holiday. I am really happy to be back at Upper Coopers Creek and I look forward to working with students and parents.

We welcome Leisa Brett to our school as the new SAM.

I would be happy to meet with you if you have any questions or queries that you would like to discuss. I will be available on Fridays and after school. Please call Leisa in the office to make an appointment.

Swimming Carnival

The swimming carnival will be held this Friday 4th February from 9.30am to 1.30pm at Alstonville pool. Thanks for the kind offers from those parents who are helping transport the students. Just a reminder that we are require a copy of your drivers license and registration before Friday morning. Good Luck to all boys and girls participating.

Reading Groups

If anybody would like to help with reading in the classroom, groups will be each morning at 10.15am. If you have 1/2 hour to spare on Monday to Thursday your help would be greatly appreciated.

P & C Meeting

The first P & C meeting for the year will be held on Friday 18th February 2011 at 2.00pm.

Canteen will also be operating this day.

To Isabella for Saturday 5th February

Permission Notes - General

Attached is a copy of your childrens emergency contact details. Please return this page with or without corrections to the office as soon as possible. We have also attached a consent form for your children. We ask that this comes back to the office as soon as possible as well. We are unable to put any pictures in the newsletter of your child until we receive permission. If you are thinking of helping out in the classroom in any way, the Department of Education requires that a Prohibited Employment Declaration form be completed. We have attached this also.

Visitor Log Book

A friendly reminder that any parents or friends visiting our school need to sign the visitors log book at the front entrance of the library. We thank you for your co-operation.

Box World

The whole school will be visiting Lismore Gallery to view the exhibition of “Boxworld” by Warren Thomas. It is a miniature city made almost entirely of recycled materials.

Regards,

Sharon Turner

Relieving Principal
### THAI NOODLE SALAD

10 minutes preparation  
3 serves of vegies in this recipe  

100g dried rice noodles*  
1 spring onion, sliced  
1 cup snow pea shoots (or mung bean sprouts)  
1 red capsicum, seeded and sliced  
1 tablespoon unsalted peanuts or cashews, chopped  
2 tablespoons coriander, chopped  

**Dressing**  
2 tablespoons reduced-salt soy sauce  
1 teaspoon honey  
1 clove garlic, crushed  
Juice of 1 lemon  
½ teaspoon fresh ginger, finely chopped  

Prepare noodles according to packet directions. Rinse under cold running water, drain and set aside.  
In a small bowl combine dressing ingredients. In a large bowl combine remaining ingredients.  
Pour dressing over salad, add noodles and toss well.  
Serves 2
KIDS ART LAB ~ SEMESTER ONE, 2011

Semester One commences Wednesday February 2 and runs for 10 weeks until Friday April 8. Kids Art Lab is a fully equipped artmaking studio located @ The Northern Rivers Conservatorium in Lismore. During the semester, students complete projects incorporating printmaking, photography, ceramics, painting, drawing and sculpture skills. Both traditional and contemporary art practice are explored with an emphasis on the development of each student’s unique style.

Primary Classes Wed & Fri 4.00-5.30pm
High School Class Thursday 4.00-5.30pm

Fee: $160.00 per semester ($16.00 per class)

Ph: 0429 384677
Email: admin@kidsartlab.com
Website: www.kidsartlab.com

Youth Theatre Classes

We learn about voice, public speaking, stagecraft, movement, improvisation, character and group work. We play fun drama games and write and perform plays.

0-5 yrs Mondays 9.30 (with Tamlin and Julie Wattus music teacher)
5-8 yrs Wed 3.30
8-12 yrs Tues 3.30
12-16 yrs Wed 4.30

Classes are $12 or if you pay up front its $100 for the 10 week term.
Call Tamlin on 66886551 for bookings or info.

Dance and Circus Classes - Federal Hall

Call Lou: 6688 4581
0421 811 053

The United Nations of Hip Hop present:

Hip Hop Dance Class starts Monday 7th February 2011
Primary Kids: Mondays 3.30pm to 4.30pm $10
High Schoolers: Mondays 4.30pm to 6pm $12

Circus Classes are also back on Wednesday ’ s

Primary Kids: Wednesday 3.30-4.45pm $12
High School/Intermediate 4.45—6.30pm $15

To book places call Lou